

"I AM a warrior AGAINST SUICIDE" is holding a contest. We would like to challenge the community to show random acts of kindness toward any of our local first responders. This could include our Fire Departments, Police Department, Sheriff Deputies, State Highway Patrol workers, healthcare workers, ambulance drivers, tow-truck drivers etc. The contest will run from August 1, 2020 and must be post marked by October 1, 2020.

*The grand prize is \$100 worth of pizza from any pizzeria in
Muskingum County!*



Mail your list of completed random acts of kindness to:

I AM a warrior

534 Putnam Avenue

Zanesville, OH 43701 (Mark **PIZZA** on the outside of the envelope.)

You may also drop off your list at *A New Beginning* bookstore located at 1204 Brandywine Blvd. #A, Zanesville, OH between the hours of 10am—1pm.

All ages are welcome to participate. Some random acts of kindness may include:

- handwritten notes of appreciation
- homemade gifts
- baked goods
- drawings
- giving an unexpected compliment

Be creative and help spread hope to our local hero's on our front lines!

